



Goathland Primary School

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Dear Parents and Carers,

Relationships and Health Education (RHE) element of PSHE

Relationships and Health Education (RHE) is an important part of our school commitment to provide pupils with the knowledge and skills to keep themselves safe, make healthy choices, develop respect for themselves and others, and form positive and healthy relationships. It also fits with our school aims of ensuring a broad, balanced, relevant, coherent and progressive curriculum which is stimulating and enjoyable and prepares children for life beyond school.

The government guidance for Relationships and Health Education (2019) outlines statutory learning outcomes for all primary-aged pupils from September 2020. In addition, as recommended by the Department for Education, we also teach non-statutory elements of sex education in an age appropriate manner in years 5 and 6. To deliver our curriculum, we use the Discovery Education Health and Relationships Programme to support us in meeting these outcomes through dedicated lesson time. This is in addition to the statutory biological and reproductive subject content taught in Science. These PSHE/RSE lessons progress from year 1 to year 6 with activities and videos to make learning engaging and enjoyable for our pupils, as well as developing their learning and understanding in an age-appropriate way.

A complete overview of the content for all year groups, including EYFS, is attached as an appendix to this letter.

In line with our PSHE/RHE policy, teachers will answer any questions from pupils in an age-appropriate and factual way, without personal bias or judgement. Teachers will also have boxes in their classrooms where pupils can post questions anonymously if they wish. Questions will be answered in one of the following ways: by providing an answer to the whole class; by giving an individual answer to a pupil, or, on rare occasions, by contacting parents if we feel the question would be better handled in the home setting. Any questions that give rise to concerns of a safeguarding nature will be handled in line with our published safeguarding policy. <http://goathland.n-yorks.sch.uk/data/documents/GPS-Child-Protection-Policy-September-2020-Final.pdf>

As this is a newly developed area of the curriculum we would like to invite all parents and carers to a Zoom meeting at 4pm on Tuesday March 16th where Mrs Bordoli will give a presentation outlining our PSHE/RSE policy and explaining some of the content. Invitations to this Zoom meeting will be sent out by email on Thursday March 11th. Within this meeting we hope to answer any questions that might arise but Mrs Bordoli will continue to be available by email if you have further questions or comments about the school's approach to this important, statutory area of learning. If you would like to see some of the content of the programme in more detail or discuss any other matters relating to RSE please contact Mrs Bordoli via the school admin address.

In line with legislation, parents have the right to withdraw children from the sex education lessons in years 5 and 6. These lessons are part of the 'Families and Committed Relationships' theme covered in the Summer term. If you would like to exercise the right to withdraw your child from these lessons, please contact the Headteacher or Mrs Bordoli. Pupils who are withdrawn will be given meaningful work to do during this time.

Yours sincerely,

V. Bordoli

